

PRIMARY SCHOOL MENU

DALMAIN PRIMARY SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT Halal Choice

Vegetable Noodles (GL-EG-SO)

Chicken & Pineapple Pizza (GL-MI)

Roast Chicken with Potatoes & Gravy (CE-SU)

Chicken Pie (GL-CE-SU)

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN Choice

Mac & Cheese (GL-MI-MU)

Margherita Pizza (GL-MI)

Vegetable Hot Pot with Potatoes (GL-CE-SU)

Vegetable Pie (GL-CE-SU)

Vegan Sausage with Chips & Tomato Sauce (SO)

PASTA

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

SANDWICH

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

DESSERT

Ice Cream (MI) or Fresh Fruit

Apple Flapjack (GL) or Fresh Fruit

Vegan Fruit Jelly or Fresh Fruit

Sprinkle Cake (GL) or Fresh Fruit

Sliced Fruit Wedges



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BREAD CONTAINS - GL - MI - EG - SO



ALLERGY KEY
CELERY - CE / GLUTEN - GL / CRUSTACEANS - CR / EGGS - EG / FISH - FI / LUPIN - LU / MILK - MI / MOLLUSCS - MO / MUSTARD - MU / NUTS - NU / PEANUTS - PE / SESAME SEEDS - SE SOYA - SO / SULPHUR - SU



FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



DALMAIN PRIMARY SCHOOL

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAT
Halal Choice

Vegetable Pasta Bake
(GL-MI)

Chicken & Sweetcorn
Pizza
(GL-MI)

Roast Turkey with
Potatoes & Gravy
(CE-SU)

Chicken Curry
with Rice

Fish Fingers with Chips
& Tomato Sauce
(GL-FI)

VEGETARIAN
Choice

Vegetable & Bean Chilli
with Rice

Margherita
Pizza
(GL-MI)

Vegetable & Potato Pie
with Gravy
(CE-SU)

Vegetable Curry
with Rice

Vegetable Omelette with
Chips & Tomato Sauce
(EG-MI)

PASTA

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

Tomato & Vegetable
Pasta (GL)

JACKET
POTATO

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Tuna
(MI-FI)

Cheese, Beans or Salmon
(MI-FI)

SANDWICH

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

Egg, Cheese or Tuna
(GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

DESSERT

Ice Cream (MI)
or Fresh Fruit

Oaty Cookie (GL)
or Fresh Fruit

Vegan Fruit Jelly
or Fresh Fruit

Sweet Potato Brownie (GL)
or Fresh Fruit

Sliced Fruit Wedges



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FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY



MONDAY

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THURSDAY

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MEAT Halal Choice

Cheese & Tomato Tortilla Stack with Rice (GL-MI)

Chicken & Mixed Pepper Pizza (GL-MI)

Roast Chicken with Potatoes & Gravy (CE-SU)

Beef Lasagne (GL-MI-EG)

Fish Fingers with Chips & Tomato Sauce (GL-FI)

VEGETARIAN Choice

Sweet Potato Topped Vegetable Cottage Pie (GL-CE-SU)

Margherita Pizza (GL-MI)

Vegetable Parcel with Gravy (GL-CE-SU)

Veggie Lasagne (GL-MI-EG)

Falafel with Chips & Tomato Sauce (GL)

PASTA

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

Tomato & Vegetable Pasta (GL)

JACKET POTATO

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

Cheese, Beans or Tuna (MI-FI)

SANDWICH

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

Egg, Cheese or Tuna (GL-SO-MI-FI-EG)

VEGETABLES

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

Mixed Vegetables

DESSERT

Ice Cream (MI) or Fresh Fruit

Home Baked Cookie (GL) or Fresh Fruit

Vegan Fruit Jelly or Fresh Fruit

Banana Cake (GL) or Fresh Fruit

Sliced Fruit Wedges



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FRESH FRUIT AVAILABLE EVERY DAY
FRESH BREAD AVAILABLE EVERY DAY
SALAD BAR AVAILABLE EVERY DAY

